

**NOTICE OF RACE &
SAILING INSTRUCTIONS**

SELECTION RACE FOR

**1) 2022 ASIAN GAMES
WINDFOILING (iQFOiL)
4-5 & 27-30 December 2021**

AND

**2) 2022 YOUTH ASIAN GAMES
WINDFOILING (iQFOiL)
27-30 December 2021**

**Stanley Main Beach, Stanley,
Hong Kong**

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NoR & SIs

- [SP]** denotes a rule for which a standard penalty may be applied by the race committee or technical committee without a hearing. This changes RRS 63.1 and Appendix A5.
- [NP]** denotes a rule that shall not be grounds for protests by a board. This changes RRS 60.1(a).
- [DP]** denotes a rule for which the penalty is applied according to the RRS Introduction - Notation.

1. RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 International iQFOiL Class Rules will apply for Men Division and Women Division of iQFOiL Class.
- 1.3 International iQFOiL Youth & Junior Class Rules will apply for Youth Division of iQFOiL Class.
- 1.4 Hong Kong Sailing Federation Prescriptions will apply.
- 1.5 If there is a conflict between languages, the English text will take precedence.

2. CLASS AND DIVISIONS

- 2.1 The participating class and divisions shall be:
 - iQFOiL Class Men Division
 - iQFOiL Class Women Division
 - iQFOiL Class Youth Division (i.e. U19)

3. ELIGIBILITY AND ENTRY REGULATIONS

- 3.1 All entries shall meet the requirements of World Sailing Regulation 19 'Eligibility Code'.
- 3.2 Competitors shall be the members of a National Class Association or a Member National Authority which is a registered member of the International iQFOiL Class Association.
- 3.3 The Selection Race for 2022 Asian Games Windfoiling (iQFOiL) shall be opened to competitors who are eligible to represent HKSAR in 2022 Asian Games.
- 3.4 The Selection Race for 2022 Youth Asian Games Windfoiling (iQFOiL) shall be opened to competitors who are eligible to represent HKSAR in 2022 Youth Asian Games.
- 3.5 Eligible competitors shall enter online (URL: <https://forms.gle/YiwVX5V6UxjBQmGn6>) on or before 27 November 2021.
- 3.6 The following documentation will be required at registration on site:
 - Proof of Identity, Gender and Age
 - Parental Permission Form (for those under 18 years old)

4. NOTICES TO COMPETITORS

- 4.1 Notices to competitors will be posted on the Official Notice Board via WhatsApp Group.

5. CHANGES TO NOTICE OF RACE & SAILING INSTRUCTIONS

- 5.1 Any change to the NoR & SIs will be posted no later than 60 minutes before the attention signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 21:00 or by the end of protest time limit (whichever is later) on the day before it will take effect.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the Official Flag Pole.
- 6.2 [DP] [NP] When flag AP is displayed ashore, competitors shall not go afloat. '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes RRS Race Signals.

7. [DP] EQUIPMENT AND EQUIPMENT INSPECTION

- 7.1 Equipment may be inspected at any time during the event for compliance with the class rules and the NoR & SIs according to the following procedures: A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the Inspection Area for inspection.
- 7.2 Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorized contact with any support personnel, no person shall join or leave the board, no equipment or other item shall be taken on or off that board and the board shall not leave the Inspection Area.

8. [DP] REPLACEMENT OF EQUIPMENT

- 8.1 Substitution of damaged or lost equipment will not be allowed unless authorized by the technical committee.
- 8.2 Replacement ashore: Requests for substitution of damaged or lost equipment shall be submitted for technical committee's consideration. Any request shall be made at the first reasonable opportunity.
- 8.3 Replacement afloat: When an item of equipment is damaged or lost shortly before a race and is replaced, the competitor shall notify the technical committee or race committee before the attention signal. As soon as practicable after coming ashore and within the protest time limit, the competitor shall comply with NoR & SIs 8.2 and the replaced item shall be presented to the technical committee.

9. FORMAT

- 9.1 Class and divisions may race together.
- 9.2 The event will consist of an Opening Series (4-5 & 27-29 December 2021 for Men Division and Women Division; 27-29 December 2021 for Youth Division) and a Medal Series on 30 December 2021, provided that a minimum of 12 races (for Men Division and Women Division) and 6 races (for Youth Division) had been completed in the Opening Series. In such case, the first 6 overall ranked boards (when the number of entries is 10 or above) or the first 4 overall ranked boards (when the number of entries is 9 or below) from the Opening Series shall advance to the Medal Series on 30 December 2021. Otherwise, there will be a Single Series only.
- 9.3 The intention is to sail all three formats over the course of the Opening Series and the Single Series on the basis of wind conditions and forecast with the ideal proportion of 40% course racing, 40% sprint slalom and 20% marathon and it is at the discretion of Principal Race Officer. This is not ground for redress. This changes RRS 62.1(a).

10. SCHEDULE

10.1 The schedule will be:

Date	Time	Program
28 November 2021	14:00 - 14:15 14:15 - 14:45 14:45 - 17:00	Registration Briefing Measurement (only for Men Division and Women Division of iQFOiL Class)
3 December 2021	10:00 - 13:00	Measurement (only for Men Division and Women Division of iQFOiL Class and limited to foil set)

Selection Race

Date	Time	Program
4 December 2021	09:30	Briefing (if necessary)
	10:30	First Possible Attention Signal for Opening Series/Single Series
	16:00	Last Possible Attention Signal for Opening Series/Single Series
5 December 2021	08:45	Briefing (if necessary)
	10:00	First Possible Attention Signal for Opening Series/Single Series
	16:00	Last Possible Attention Signal for Opening Series/Single Series
27 December 2021	09:00 - 09:30	Registration (only for Youth Division of iQFOiL Class)
	09:30	Briefing (if necessary)
	10:30	First Possible Attention Signal for Opening Series/Single Series
	16:00	Last Possible Attention Signal for Opening Series/Single Series
28 December 2021	08:45	Briefing (if necessary)
	10:00	First Possible Attention Signal for Opening Series/Single Series
	16:00	Last Possible Attention Signal for Opening Series/Single Series
29 December 2021	08:45	Briefing (if necessary)
	10:00	First Possible Attention Signal for Opening Series/Single Series
	16:00	Last Possible Attention Signal for Opening Series/Single Series
30 December 2021	08:45	Briefing (if necessary)
	10:00	First Possible Attention Signal for Medal Series/Single Series
	16:00	Last Possible Attention Signal for Medal Series/Single Series

Selection Race

- 10.2 When there is only a Single Series, competitors of Men Division and Women Division of iQFOiL Class shall race a maximum of 8 races per day (of which no more than 6 races of course racing), in a maximum of 48 races for the event, over 6 racing days, a marathon race will be counted as 2 races.
- 10.3 When there is an Opening Series and a Medal Series, competitors of Men Division and Women Division of iQFOiL Class shall race a maximum of 8 races per day (of which no more than 6 races of course racing), in a maximum of 40 races for the Opening Series, over 5 racing days, a marathon race will be counted as 2 races. There will be 3 races sailed in the Medal Series.
- 10.4 When there is only a Single Series, competitors of Youth Division of iQFOiL Class shall race a maximum of 8 races per day (of which no more than 6 races of course racing), in a maximum of 32 races for the event, over 4 racing days, a marathon race will be counted as 2 races.
- 10.5 When there is an Opening Series and a Medal Series, competitors of Youth Division of iQFOiL Class shall race a maximum of 8 races per day (of which no more than 6 races of course racing), in a maximum of 24 races for the Opening Series, over 3 racing days, a marathon race will be counted as 2 races. There will be 3 races sailed in the Medal Series.

11. FLAGS

- 11.1 The flags shall be:

Class	Division	Flag
iQFOiL	Men	White Flag with Black Letter 'Foil'
	Women	Pink Flag with Black Letter 'Foil'
	Youth	Blue Flag with Black Letter 'Foil'

12. RACING AREAS

- 12.1 The racing areas are shown in NoR & SIs Appendix A.
- 12.2 The racing area is defined as an area extending 150 meters beyond the entire course in which a competitor would normally sail while racing.
- 12.3 [DP] Boards not racing shall avoid the racing area.

13. COURSES

- 13.1 The courses to be sailed are shown in NoR & SIs Appendix B. The diagrams will show the order in which marks are to be passed, and the side on which each mark is to be left.
- 13.2 If a gate is either set or replaced by a single mark, it shall be left to port.
- 13.3 The course to be sailed will be displayed by course flag and number flag.

14. MARKS

- 14.1 The marks shall be:

Mark	Description, Colour and Shape	
Starting Marks	<u>Starboard End</u> ● Race Committee Signal Boat with Orange Flag	<u>Pin-End</u> ● Race Committee Pin-End Boat with Orange Flag; or ● Yellow Cylindrical Mark
Mark 1/2/3/4/5	Yellow Cylindrical Marks	
Gate Marks	Yellow Cylindrical Marks	
Finishing Marks	● Race Committee Signal Boat with Blue Flag; and ● Red Spherical Mark	

- 14.2 A vessel that is a mark may not be anchored, but held in place by the use of an engine. This will not be grounds for redress, provided the vessel remains close to her correct position. This changes RRS 62.1(a).

15. THE START

15.1 All races will be started by using the following signals. This changes RRS Appendix B26.1 and B26.2.

Minutes Before Starting Signal	Visual Signal Displayed	Visual Signal Removed	Sound Signal	Means
3	<ul style="list-style-type: none"> ● Class Flag(s); and ● P/I/U/Black Flag 	-	One	Attention Signal
2	Red Flag with '2'	-	One	Warning Signal
1	Yellow Flag with '1'	<ul style="list-style-type: none"> ● Red Flag with '2'; and ● P/I/U/Black Flag 	One Long	Preparatory Signal
0	-	<ul style="list-style-type: none"> ● Yellow Flag with '1'; and ● Class Flag(s) 	One	Starting Signal

- 15.2 The starting line will be between starting marks.
- 15.3 When inner distance mark is laid, boards starting shall not pass through between the inner distance mark and the race committee signal boat at all times.
- 15.4 To alert boards that a race or sequence of races will begin soon, an orange flag will be displayed (with one sound) for at least 5 minutes before an attention signal is made.
- 15.5 **[DP]** When a starting sequence is in progress, boards whose attention signal has not been made shall avoid the starting area. The starting area is defined as an area extending 75 meters from the starting line and marks in all directions.
- 15.6 A competitor starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 15.7 The attention signal for each succeeding race will be made as soon as practicable after the finish of the previous race.

- 15.8 If flag I has been displayed, and any part of a board's hull, crew or equipment is in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal, she shall thereafter sail from the course side across an extension to the pre-start side before starting. This changes RRS 30.1.
- 15.9 When an individual recall has been signalled or a board breaks RRS 30.3 or 30.4, the race committee will display her sail number on the race committee signal boat before the first competitor has finished the race. Failure to display the sail numbers(s) will not be grounds for redress. This changes RRS 62.1(a).

16. CHANGE OF THE NEXT LEG OF THE COURSE

- 16.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

17. THE FINISH

- 17.1 The finishing line will be between finishing marks.

18. TIME LIMITS AND TARGET TIMES

- 18.1 Time limits and target times for races are in minutes and as follows:

Format	Target Time	Time Limit	Finish Window
<u>Opening Series or Single Series</u>			
Course Racing	15	25	10
Sprint Slalom	3-4	6	2
Marathon	60	100	30
<u>Medal Series</u>			
MR1	6	12	4
MR2	3-4	6	2

- 18.2 Boards failing to finish within the time stated in the 'Finish Window', after the first competitor in that group sails the race according to RRS 28, will be scored Did Not Finish (DNF). This changes RRS 35 and Appendix A5.
- 18.3 For marathon race, when the first board of division concerned failing to cross the first point at Tung Lung Chau Light Station 20 minutes after her starting signal, the race shall be abandoned.
- 18.4 For marathon race, boards failing to cross the first point at Tung Lung Chau Light Station 5 minutes after the first board of division concerned has crossed, will be scored Did Not Finish (DNF).

19. PROTESTS AND REQUESTS FOR REDRESS

- 19.1 Protest forms are available at the race office.
- 19.2 Protests and request for redress or reopening shall be delivered at the race office within the appropriate time limit.
- 19.3 **[DP] [NP]** Boards retiring from races shall complete a retirement declaration form at the race office before the protest time limit.
- 19.4 **[DP] [NP]** Boards taking a voluntary penalty shall complete the penalty acknowledgment form at the race office before the protest time limit.
- 19.5 For each division, the protest time limit is 60 minutes after the last board of her division has finished the last race of the day or the race committee signals 'AP over A', whichever is later.
- 19.6 Hearing schedules by group, to inform competitors of hearings in which they are parties or named as a witness, will be posted on the Official Notice Board as soon as protests are received at the race office.
- 19.7 Notices of protest by the race committee or jury will be posted on the Official Notice Board to inform boards under RRS 61.1(b).
- 19.8 Breaches of RRS 77 and rules in the NoR & SIs marked **[NP]** will not be grounds for a protest by a board. This changes RRS 60.1(a). Penalties for breaches marked **[DP]** are at the discretion of the protest committee and may be less than disqualification if the protest committee so decides.

Selection Race

- 19.9 On the last day of the event, a request for redress based on protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 19.10 On the last day of the event, a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.
- 19.11 Protest time limits, hearing schedules and hearing decisions will be posted on the Official Notice Board.

20. SCORING

- 20.1 Scoring will be according to the RRS Appendix A and B8.
- 20.2 A marathon race will be scored as 2 races.
- 20.3 A competitor's series score will be the total of her race scores excluding her worst score(s) as follows:

Race(s)	Discard(s)	Comments
1-2	0	No Discard
3-7	1	One Worst Score Discarded
8-12	2	Two Worst Score Discarded
13-17	3	Three Worst Score Discarded
18-22	4	Four Worst Score Discarded
23-27	5	Five Worst Score Discarded
28-32	6	Six Worst Score Discarded
33-37	7	Seven Worst Score Discarded
38-42	8	Eight Worst Score Discarded
43-48	9	Nine Worst Score Discarded

Selection Race

- 20.4 To request correction of an alleged error in posted results, a competitor shall complete a scoring enquiry form available at the race office.
- 20.5 If no race in the Medal Series is completed, the rankings in the Opening Series will be established and this shall count as the official result.
- 20.6 There will be 3 races sailed in the Medal Series.
- 20.7 When a board is entering to the Medal Series, her position from the Opening Series will be transferred to the double points (1st place 2 points, 2nd place 4 points, and so on).
- 20.8 The Medal Series races scores shall not be excluded neither will the Medal Series race trigger any discards from results in the Opening Series.

21. SAFETY

- 21.1 Personal buoyancy and helmet are mandatory for every competitor while afloat.

22. [SP] [NP] PENALTY SYSTEM

- 22.1 The safety system applies when flag Y is displayed ashore:
 - When going out to race, each competitor intending to race shall personally check out; and
 - On returning ashore, each competitor shall personally check in before the protest time limit.
- 22.2 Penalties:
 - Failure to check out will result in a 1 point penalty without a hearing for the first race sailed on the day.
 - Failure to check in will result in a 1 point penalty without a hearing for the last race sailed on the day.
 - Application of these penalties shall not result in a board being scored worse than DSQ.
 - Only 1 point penalty for infringements of NoR & SIs 21.2 will be applied to any one race.
 - If no race is completed on the day of the infringement, the penalty will be applied to the most recent completed race in the series or if there were no races previously completed to the next completed race in the series.

23. [DP] SAIL IDENTIFICATION

23.1 The sail identification will be:

Class	Division	Sail Identification
iQFOiL	Men	Dark Red Insignia
	Women	White Insignia
	Youth	Black Triangle (Pointing Down); or Red Triangle (Pointing Up)

24. OFFICIAL BOATS

24.1 Actions by the official boats shall not be grounds for redress by a board. This changes RRS 60.1(b).

25. [DP] TRASH DISPOSAL

25.1 Trash may be placed aboard support and committee boats.

26. PRIZE

26.1 There is no prize.

27. DISCLAIMER OF LIABILITY

27.1 Rule 3 of the RRS states: ‘The responsibility for a board’s decision to participate in a race or to continue to race is hers alone.’ Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their board to such inherent risk while taking part in the event;
- They are responsible for the safety of themselves and their board and their other property whether afloat or ashore;
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- Their board is in good order, equipped to sail in the event and they are fit to participate;
- The provision of a race management team, patrol boats and other officials and volunteers by the race organizer does not relieve them of their own responsibilities; and
- The fact that the race committee or technical committee conducts inspections, or not, of a boat does not reduce the responsibilities of each competitor set out in this NoR & SIs.

28. INSURANCE

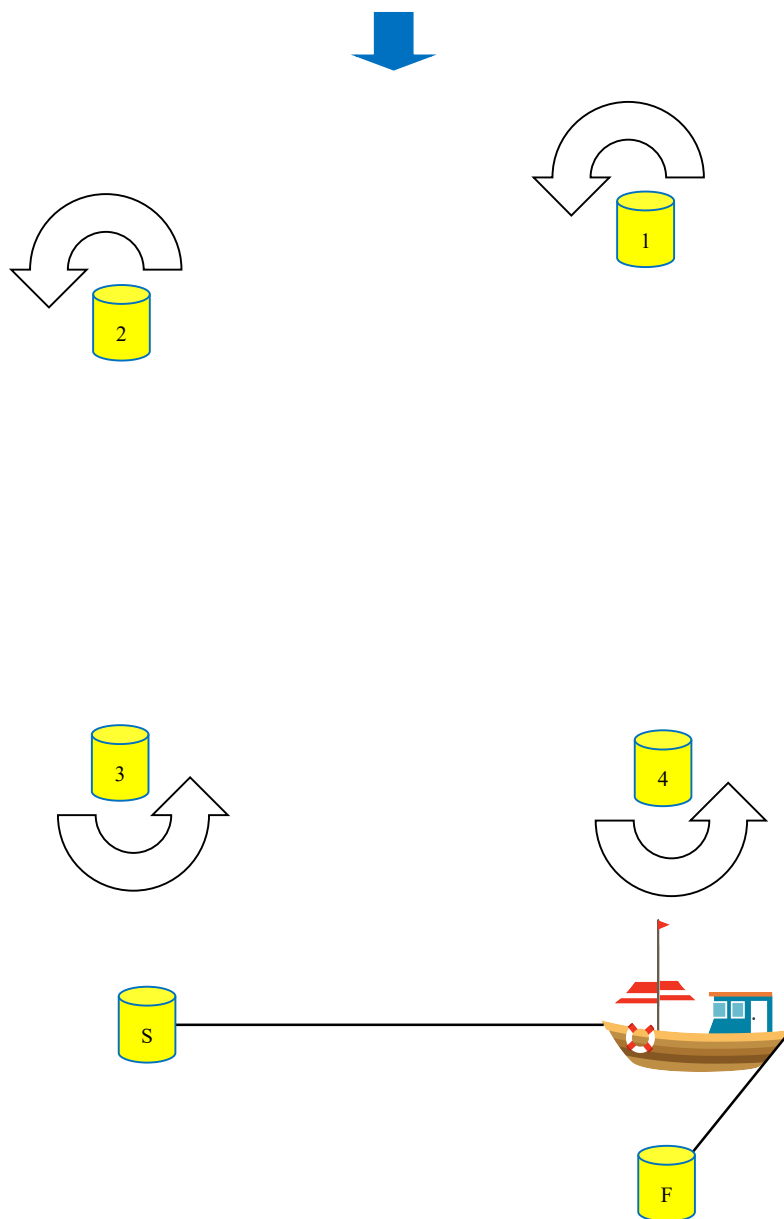
28.1 Each participating board shall be insured with valid third party insurance.

RACING AREAS



COURSES

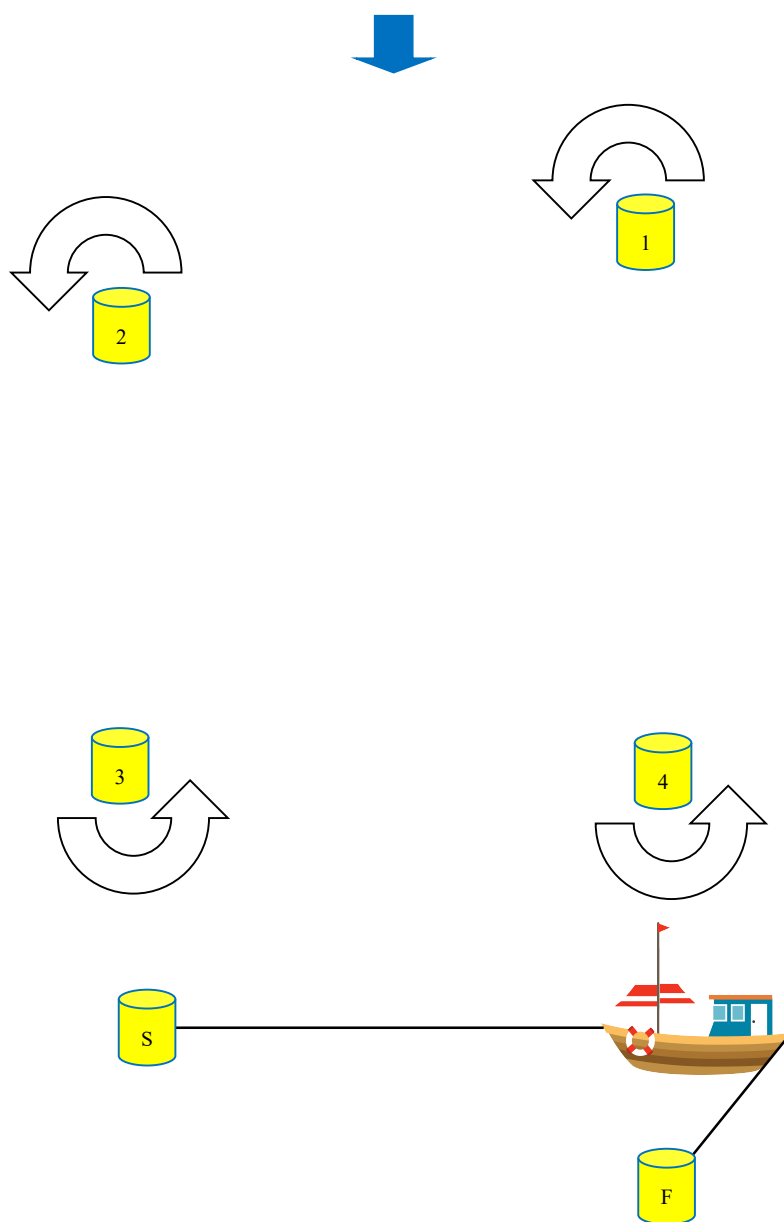
INNER TRAPEZOID COURSE (I)



Signal		Mark Rounding Order
I	2	Start > 1 > 4 > 1 > 2 > 3 > Finish
I	3	Start > 1 > 4 > 1 > 4 > 1 > 2 > 3 > Finish
I	4	Start > 1 > 4 > 1 > 4 > 1 > 4 > 1 > 2 > 3 > Finish

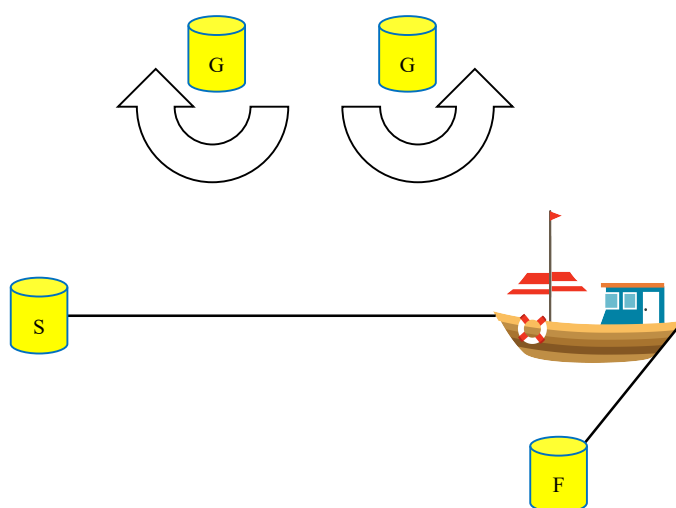
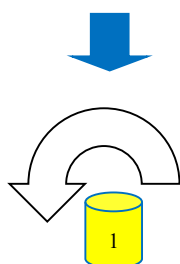
Selection Race

OUTER TRAPEZOID COURSE (O)



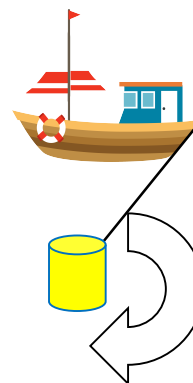
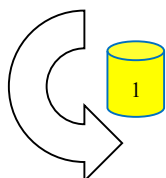
Signal		Mark Rounding Order
O	2	Start > 1 > 2 > 3 > 2 > 3 > Finish
O	3	Start > 1 > 2 > 3 > 2 > 3 > 2 > 3 > Finish
O	4	Start > 1 > 2 > 3 > 2 > 3 > 2 > 3 > 2 > 3 > Finish

WINDWARD LEEWARD COURSE (W)



Signal		Mark Rounding Order
W		Start > 1 > 2G > Finish
W	2	Start > 1 > 2G > 1 > 2G > Finish
W	3	Start > 1 > 2G > 1 > 2G > 1 > 2G > Finish
W	4	Start > 1 > 2G > 1 > 2G > 1 > 2G > 1 > 2G > Finish

REACHING COURSE (R)

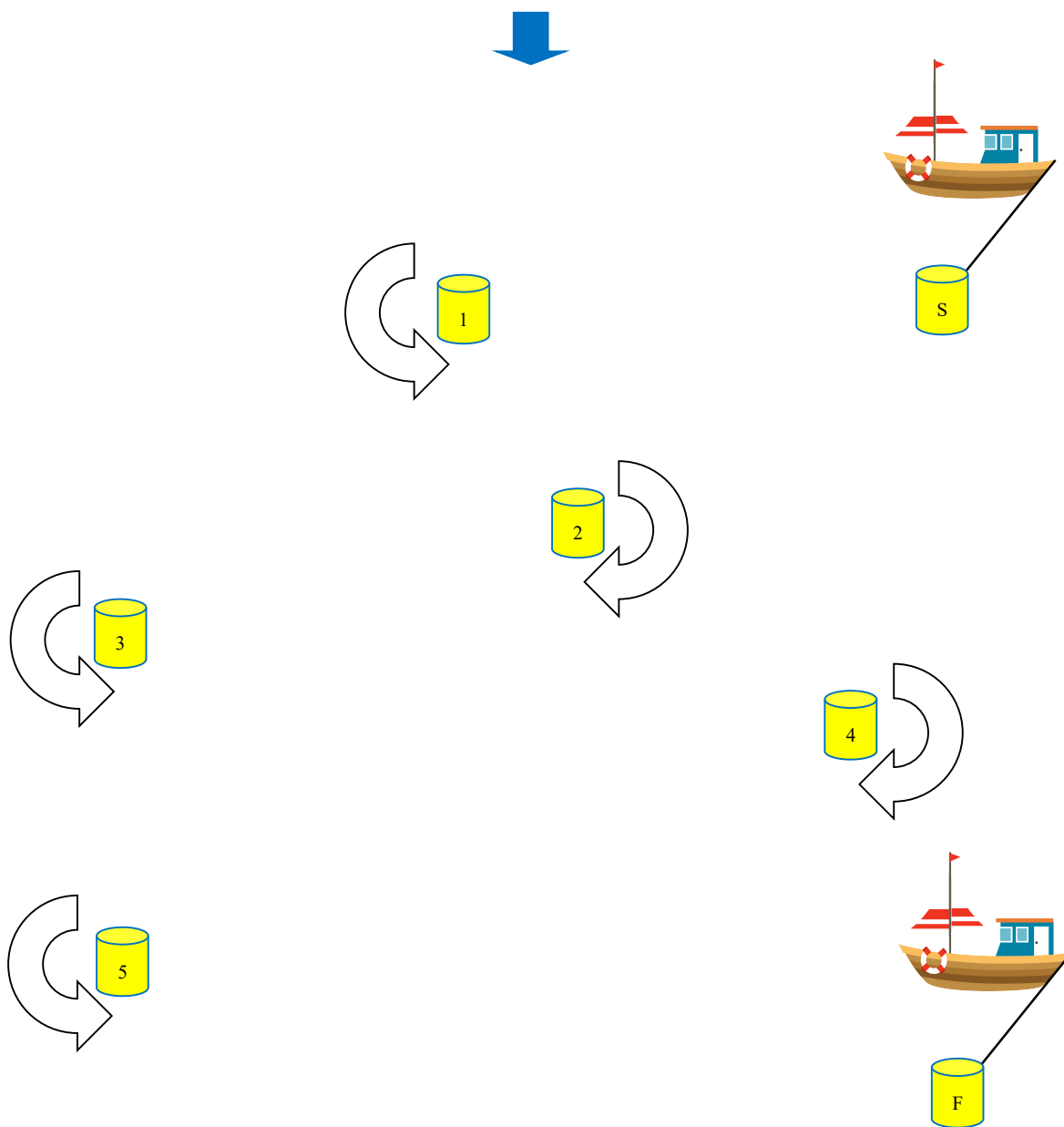


Start / Pie-End / Finish

Signal		Mark Rounding Order
R	2	Start > 1 > Pie-End > 1 > Finish
R	3	Start > 1 > Pie-End > 1 > Pie-End > 1 > Finish
R	4	Start > 1 > Pie-End > 1 > Pie-End > 1 > Pie-End > 1 > Finish

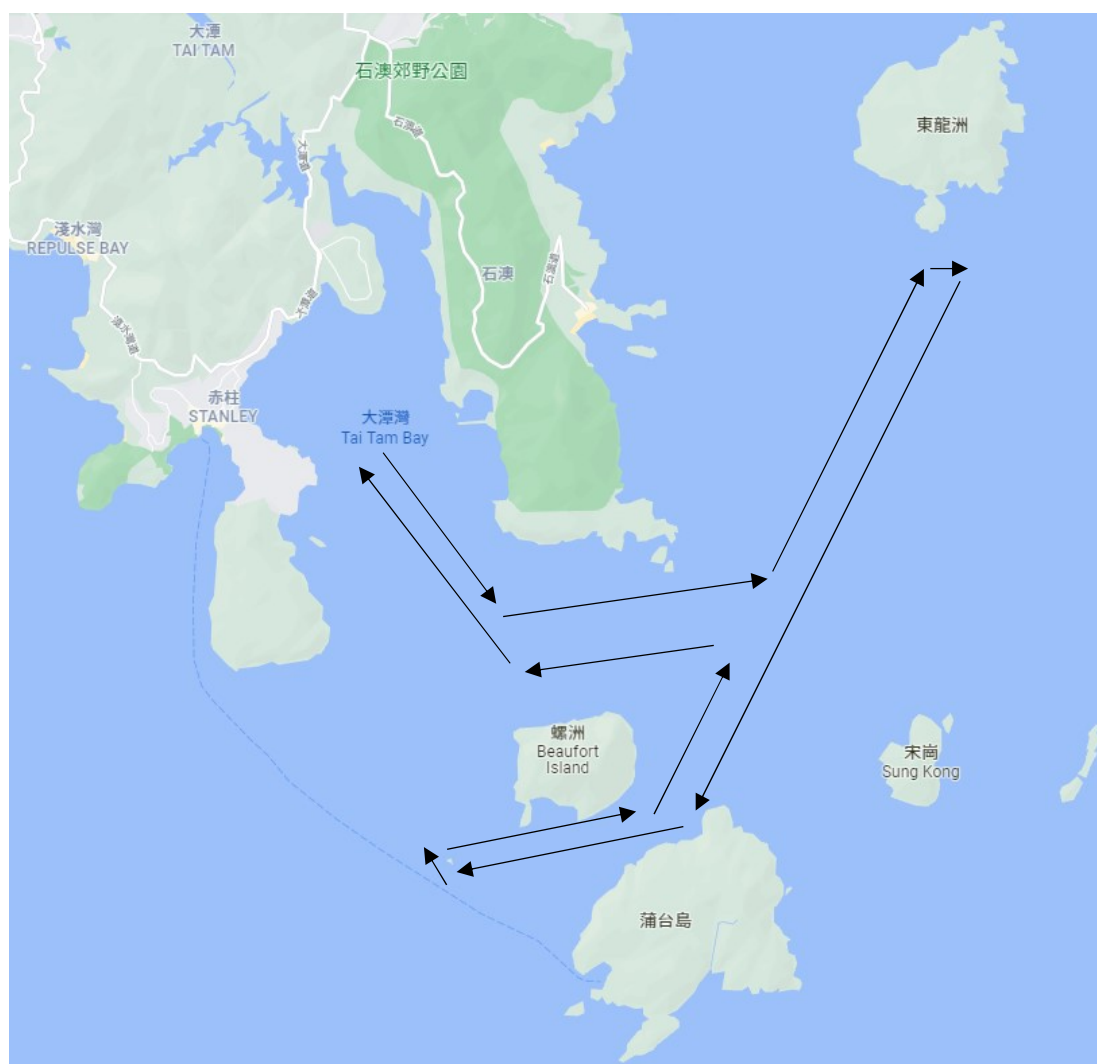
Selection Race

SLALOM COURSE (S)



Signal	Mark Rounding Order
S	Start > 1 > 2 > 3 > 4 > 5 > Finish

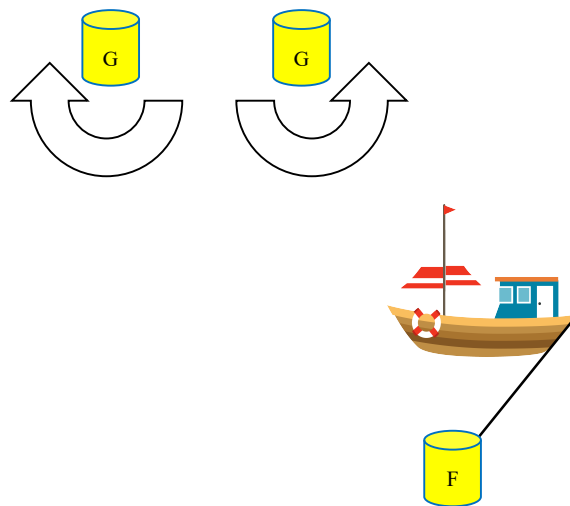
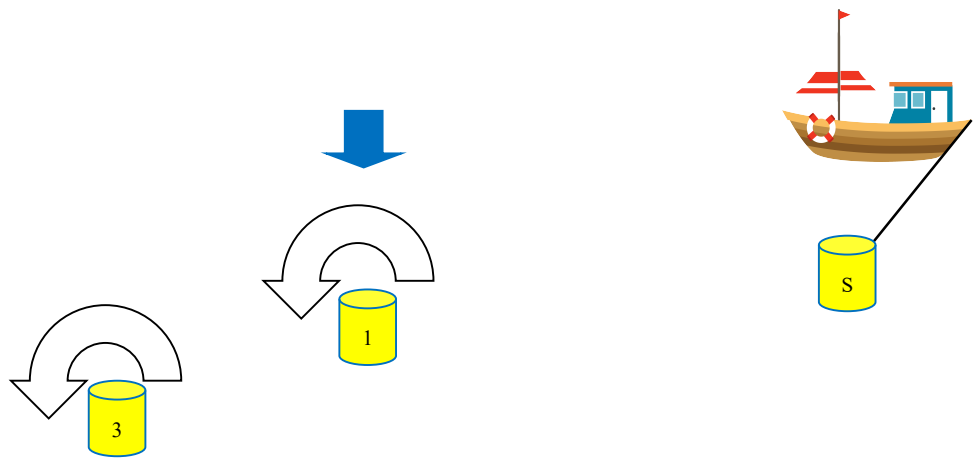
MARATHON RACE (M)



Signal	Mark Rounding Order
M	Start > Sheung Sze Mun (大門) > Lo Chau Mun (細門) > Castle Rock (白排) > Lo Chau Mun (細門) > Sheung Sze Mun (大門) > Finish
M1	Start > Sheung Sze Mun (大門) > Tung Lung Chau Light Station (東龍洲燈塔) > Lo Chau Mun (細門) > Castle Rock (白排) > Lo Chau Mun (細門) > Sheung Sze Mun (大門) > Finish
M2	Start > Sheung Sze Mun (大門) > Tung Lung Chau Light Station (東龍洲燈塔) > Lo Chau Mun (細門) > Castle Rock (白排) > Lo Chau Mun (細門) > Tung Lung Chau Light Station (東龍洲燈塔) > Lo Chau Mun (細門) > Castle Rock (白排) > Lo Chau Mun (細門) > Sheung Sze Mun (大門) > Finish

Selection Race

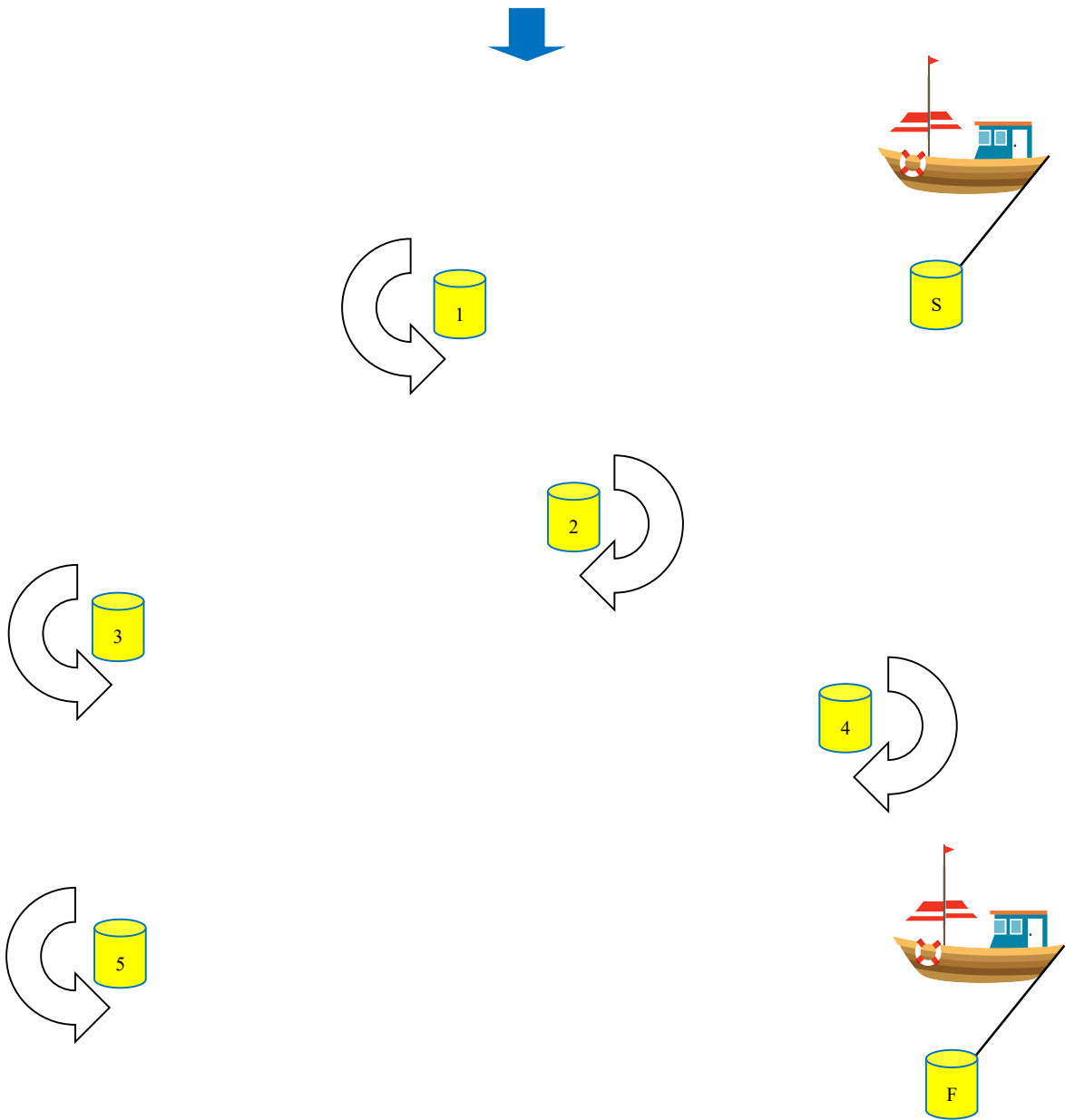
MR1



Signal	Mark Rounding Order
MR1	Start > 1 > 2G > 1 > 3 > 2G > Finish

Selection Race

MR2



Signal	Mark Rounding Order
MR2	Start > 1 > 2 > 3 > 4 > 5 > Finish